



# Volunteer

*“ To the world you may be one person, but to one person you may be the world”*

If you care about people, R.E.L.I.E.F. needs you to help fulfill the wish of an elderly individual to remain at home.

## What is **R.E.L.I.E.F.**?

*The **R.E.L.I.E.F.** (Respite for Elders Living in Everyday Families) program offers a short break to family members and loved ones providing constant care for a homebound elder. The **R.E.L.I.E.F.** program focuses on supporting caregivers for a much needed break during **weekend** and **evening** hours.*

**HOW CAN I HELP?** By becoming a R.E.L.I.E.F. volunteer, you can help your community by providing short-term companionship to elders in their home. You may enjoy playing cards, dominos, reading or just sharing stories about the good ol’ days. Volunteers may also receive a **stipend** to help offset out-of-pocket expenses.

**CONTACT: Share the Care, Inc. 407-423-5311**

**[www.helpforcaregivers.org](http://www.helpforcaregivers.org)**

To-Do Today:  
Make a Difference!

