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"I appreciate Share the Care because it allows me to continue working. Otherwise I would be in financial difficulty."

-a grateful caregiver

FUNDERS/PARTNERS - 2007

Senior Resource Alliance

First UMC of Winter Park

Heart of Florida United Way

St. Luke's United Methodist Church
of Windermere

Central Florida Women's League

St. Luke's Lutheran Church, Oviedo

City of Orlando

Darden Foundation

Jewish Community Center of
Greater Orlando

Orlando Sentinel Family Fund

Jewish Pavilion

First Baptist Church of
Winter Garden

Christian Service Center

Services that **SUPPORT** family caregivers



Licensed Adult Day Centers

In-Home Respite

Crisis Care

Overnight Care In
Assisted Living Facility

In-Home Counseling

Neighborhood Care Centers

Care Management

407.423.5311
helpforcaregivers.org

1010 Arthur Avenue, Orlando, FL 32804

www.helpforcaregivers.org

OUR MISSION: Share the Care is a non-profit agency providing services and support to family caregivers, enabling them to maintain their family member at home and delay or eliminate the need for institutional care.

ANNUAL REPORT 2007



FROM THE EXECUTIVE DIRECTOR

Mary Ellen Grant

"Families Have Choices"

The above statement seems rather obvious, but I have found that many families are not aware of their choices when it comes to caregiving. Indeed, years ago there appeared to be only one choice, nursing home care. I often give talks to community groups about Share the Care and family caregiving. Usually I start off with the question, "How many of you want to get sick and die in a nursing home?" I have never had a single individual raise their hand. This does not mean that nursing homes are bad or that for some people a nursing home is the most appropriate level of care. What it means is that people imagine, for themselves, a peaceful end of life in their own home, surrounded by loved ones.

Share the Care is all about providing these choices. If you choose to take care of your mother, you do not necessarily need to quit your job. If you are caring for a spouse and you aren't so very healthy yourself, we can provide support.

Our aim is to try to anticipate the challenges that come with choosing home care and helping families to address them. You need to work; we have adult day care. You need a break; in-home respite. Your home is not accessible; we can help you adapt it. Non-durable medical supplies too costly; we'll help. Need a place to talk it out; we have support groups and one-on-one counseling.

Statistics show that family caregivers provide \$196 billion ("Long-term Care Report," Special Committee on Aging, U.S. Senate, June 2002) worth of care per year in the U.S. alone. But very few caregivers even consider this. It is about choices. It is about what your family member would want and in turn what we would want for ourselves. It is not about money - it is about love.

"It is my firm belief that the care, attention and treatment my father received from Share the Care staff extended his years of living and made my life considerably easier."

-an appreciative caregiver



FINANCIAL INFORMATION 2007

SOURCE OF INCOME

Federal

Title IIIIE Nat'l Family Caregiver Program, OAA	\$362,626
Title IIIB Older Americans Act	81,266

State

Alzheimer's Disease Initiative	374,454
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Local

City of Orlando	28,972
Heart of Florida United Way	46,234
Orlando Regional Healthcare	59,956

Grants & Donations / Foundation

51,171

Other Revenue

Fee for Service	118,698
Sub-Contract Service	153,291
Program Fees	33,739
Events	63,958

\$1,374,365

CAREGIVING FACTS

- 63% of elderly needing long-term care rely exclusively on family and friends.
- The average unpaid family caregiver is 60 years old.
- 50% of all direct care in the U.S. is given for free by families.
- The average length of time spent on family caregiving is eight years.

Average Annual Cost of Long Term Care



THE YEAR IN REVIEW

"Being able to bring my loved one to Share the Care Adult Day Center has given me the ability to do some things for myself. I want my son to live at home. Share the Care has armed me with knowledge and support to achieve my goal. He is safe and happy and that gives me the best feeling in the world."

- a thankful caregiver

- Over **1,000 total number** of clients served.
- Over **107,300 respite hours** provided at Adult Day Care Centers.
- Over **7,800 respite at-home and overnight hours** provided to clients.
- Over **2,313 support services hours** provided through support groups, counseling and case management.
- **\$32,400 of non-durable medical supplies** provided.
- **Over 118,600 hours of all Share the Care services provided.**

Share the Care celebrated twenty years of serving family caregivers and clients in 2007. As the new year began, three **Licensed Adult Day Care Centers** and four **Neighborhood Respite Sites** were in operation. STC-Orlando, located at the Christian Service Center, continued to serve families in the downtown area. STC-Oviedo, located on the grounds of St. Luke's Lutheran Church, was serving families in East Orlando and Seminole County. STC-Windermere, located at St. Luke's United Methodist Church, was available to families in West Orange County. The licensed centers operate Monday - Friday from 7:30 a.m. until 5:30 p.m. in order to serve working families along with those who need just a few days of respite each week. Share the Care

had **Neighborhood Respite Sites** available at 1st UMC of Winter Park, 1st Presbyterian Church of Orlando, Longwood Christian Church and the Jewish Community Center of Greater Orlando.

In-Home Counseling continued to be a valued service for caregivers unable to leave home and go to an office. Three **Support Groups** were held on a monthly basis to provide caregivers an opportunity for fellowship and community. Caregivers unable to bring their loved one to a day care center were able to get **In-Home Respite** once a week. Caregiver families were also able to utilize Share the Care's **Overnight Care in an Assisted Living Facility**. This service is available to families if they have a medical emergency or just need a brief vacation.

Share the Care held the annual **Caregiver Forum**, a three day/two night event, in October and over 150 caregivers attended. The 1st annual **Gala and Silent Auction** was held on the Friday night of the Forum. As the year drew to a close, a **fourth licensed day care center** was opened in Winter Garden and the administrative offices moved to College Park.